



WHAT IS SAFEGUARDING?

Safeguarding is about keeping children safe – this means anyone under 18. We may see and hear things and need to take action to keep a child safe*.

OUR BELIEF

- Your safety is very important to us.
- You and all children have rights to protection.

OUR AIM

To provide a safe place where you will be treated fairly.

YOU



To keep everyone safe, when with us:

- follow instructions
- be nice to others
- tell us what you like or don't like
- respect others
- ask for help
- **Do not bully or be nasty to others**



Being heard

If you want to tell us something, speak with your coach or adult at the Club.

If you need to talk – we will listen

- If you are worried or unhappy about something or someone:
- talk to any coach or adult looking after you at the Club.
 - tell a friend and then go with your friend to tell an adult.
 - contact **Childline** anytime – calls are free.



Speak up if someone is:

- bullying you or saying things that upset you;
- sending nasty messages on social media or your phone;
- touching you in a way you do not like (know the NPSCC *Underwear Rule*)*;
- hitting or hurting you*.



* If we need to protect you or someone else from harm, then we will need to tell others who can help. If this stops you speaking up, call **Childline**.