



WHAT IS SAFEGUARDING?

Safeguarding is about keeping all children - including you - safe.

It is also taking action to protect a child if he/she is being hurt (or may be hurt in the near future) – this is known as ‘child protection’.

We may see and hear things, or you may tell us something and we will need to take action*.

OUR BELIEF

We believe that your health, safety and welfare are very important.

We respect all children (those under 18) and adults (those over 18) and help to protect their rights.

All children have equal rights to protection – regardless of gender, race, age, ethnicity, ability, sexual orientation, and religious or political beliefs.

OUR AIM

We aim to keep all children safe and provide a safe environment for you and every child on our activities where you will be treated fairly and free from harm, discrimination or bullying.

Our staff have been trained to keep you safe while you are with us and to take action to prevent harm if we think you need protecting.* They also have first aid training if you hurt yourself.

YOU



To help us keep everyone safe, you are expected to:

- listen and follow instructions
- be nice and support others
- take responsibility for your actions
- ask for help when you need it
- respect other children and adults
- accept differences and value diversity
- tell us what you like or don't like
- **not** bully others, be rude or discriminate.

Misconduct will be dealt with by the coach and sanctions will apply - up to and including exclusion.

Your voice – be heard

If you want to give us feedback or tell us something, you can speak with your coach or adult at the Club or email: safeguarding@tottenhamhotspur.com.

If you need to talk – we will listen

It is important to know where to get help if you are worried or unhappy about something or someone.

- You can talk to any coach or adult looking after you at the Club.
- You can tell a friend and then go with your friend to tell an adult.
- You can contact **Childline** anytime (24 hours) – calls are free and confidential.

Don't bottle it up – speak up if someone is:

- bullying you or saying things to you that you do not like or upsets you;
- sending nasty messages on social media or your phone;
- threatening to send embarrassing photos of you to others or asking for money/favours*;
- touching you in ways you do not like (know the NSPCC *Underwear Rule*)*;
- trying to give you tablets, cigarettes, drugs or alcohol*;
- hitting or hurting you*.



* We can't keep secrets. If we need to protect you or someone else from harm, then we will need to tell others who can help. If this stops you speaking up – please call **Childline** on 0800 1111.